

- Do you regularly take dietary supplements or herbal medicines?
- If YES, do you regularly take any of the following?
  - Diet or Energy supplements
  - Fish Oil >3 grams/day
  - Echinacea
  - Garlic
  - Ginkgo
  - Ginger

- Ginseng
- Kava
- St. John's Wort
- Valerian
- Vitamin E >400I.U.
- Do you regularly use natural or herbal oral health products?
- Have you recently stopped taking any herbs?
- Have you substituted herbs for prescription or over-the-counter drugs?



Signature

Date